

Supplementary Table 1. Demographic and Other Characteristics of Participants in the Thai SPA2017-21

Characteristics	SPA2017 (n=7602)	SPA2018 (n=7606)	SPA2019 (n=7630)	SPA2020 (n=7630)	SPA2021 (n=7571)
Gender, n (%)					
Male	3708 (48.8)	3706 (48.7)	3733 (48.9)	3875 (50.8)	3640 (48.1)
Female	3894 (51.2)	3900 (51.3)	3897 (51.1)	3755 (49.2)	3931 (51.9)
Age group, n (%)					
Children	1399 (18.4)	1354 (17.8)	1299 (17.0)	874 (11.5)	1227 (16.2)
Adult	4955 (65.2)	4902 (64.4)	4837 (63.4)	6336 (83.0)	5188 (68.5)
Older	1248 (16.4)	1350 (17.7)	1494 (19.6)	420 (5.5)	1156 (15.3)
Area of residence, n (%)					
Urban	4062 (53.4)	4078 (53.6)	4135 (54.2)	5002 (65.6)	4967 (65.5)
Rural	3540 (46.6)	3528 (46.4)	3495 (45.8)	2628 (34.4)	2604 (34.4)
Education, n (%)					
Primary or lower	3456 (45.5)	3407 (44.8)	3351 (43.9)	1067 (14.0)	1787 (23.6)
Secondary	2806 (36.9)	2864 (37.6)	2990 (39.2)	2977 (39.0)	2512 (33.2)
Post-secondary	1340 (17.6)	1335 (17.6)	1289 (16.9)	3437 (45.0)	3053 (40.3)
No answer	-	-	-	149 (2.0)	219 (2.9)
Have an NCD, n (%)					
Yes	1809 (23.8)	1871 (24.6)	2070 (27.1)	1898 (24.9)	2367 (31.3)
No	5793 (76.2)	5735 (75.4)	5560 (72.9)	5732 (75.1)	5204 (68.7)
Region, n (%)					
Bangkok	654 (8.6)	653 (8.6)	655 (8.6)	847 (11.1)	1026 (13.6)
North	1644 (21.6)	1649 (21.7)	1652 (21.6)	2179 (28.6)	2078 (27.4)
Northeast	1908 (25.1)	1911 (25.1)	1910 (25.0)	2300 (30.1)	1024 (13.5)
Central	1742 (22.9)	1738 (22.8)	1752 (23.0)	1218 (16.0)	2416 (31.9)
South	1654 (21.8)	1655 (21.8)	1661 (21.8)	1086 (14.2)	1027 (13.6)

Has knowledge of PA, n (%)

Yes	2077 (27.3)	2469 (32.5)	2436 (31.9)	-	3491 (46.1)
No	5525 (72.7)	5137 (67.5)	5194 (68.1)	-	4080 (53.9)

Has sufficient MVPA, n (%)

Yes	4521 (59.5)	4957 (65.2)	4910 (64.4)	3983 (52.2)	4486 (59.3)
No	3081 (40.5)	2649 (34.8)	2720 (35.6)	3647 (47.8)	3085 (40.7)
